



ALPHA RHYTHM ROOTS - ALPHA RHYTHM ROOTS - ALPHA RHYTHM ROOTS
PROMOTING TRADITIONAL MUSIC AND CULTURE OF GUINEA FOR OVER 10 YEARS !

West African percussion and dance: workshops / presentations / performances

Benefits of bringing West African drumming / dancing services to your school:

Our special engaging method of teaching drumming and dancing to West African percussive music has proven to:

- Develop team work
- Improve concentration and focus
- Develop listening skills
- Improve memorization
- Develop multitasking capabilities
- Facilitate left-and-right hand coordination and independence.
- Explore a new form of non-verbal communication
- Stimulate creativity
- Develop confidence in unknown/new activities
- experience new cultures and traditions

Students drumming workshops:

The workshops have multiple components:

- An introductory video about drumming in West Africa and the meaning of drumming in these cultures and traditions (For weekly workshop series only)
- A warm-up exercise composed of clapping and walking exercises to introduce students to the notion of percussive rhythms.
- The drumming workshop being composed of progressive exercises to lead all students to the goal of playing a full orchestra rhythm by the end of the session.
- Simple music patterns given as homework in between each session (For weekly workshop series only - Online library of sound files and music notation).
- Our Drumming workshops are intended for beginners and are customized according to each grade level.
- Preferred audience: Grade 5 to grade12 students.

The following is a list of the main items we will need to discuss in order to organize a drum workshop in your school:

- Grade level audience and number of students to be enrolled (40 max recommended per workshop)
- Number of back to back workshop / day and time (Weekly workshop series also available)
- 1 Chair required per participant.
- Drum storage space (For weekly workshop series only)
- Video / DVD player (For weekly workshop series only)
- Projector (For weekly workshop series only)

We provide 1 drum per participant for all workshops

At the end of these workshops, all “grade 5 and up” students will know a full orchestra rhythm which can be performed in front of an audience, if required. Students will be very familiar with the main percussive musical instruments from West Africa.

We can also organize special staff team building drumming workshops

Live drumming Dance workshop:

The workshops have multiple components:

- A warm-up exercise in music to introduce students to the notion of percussive rhythms.
- The dance workshop being composed of progressive exercises to lead all students to the goal of dancing a full choreography for a specific rhythm by the end of the typical 50 Minutes session.
- Dance workshops are intended for beginners and are customized according to each grade level.
- Preferred school audience: Grade1 to grade 5 students / Also available for all ages.
- **Equipment: Students need to be wearing comfortable clothes and sneakers**

The following is a list of some of the items we will need to discuss in order to organize a dance workshop in your school:

- Grade level audience and number of students to be enrolled (About 60 students maximum recommended per workshop)
- Number of back to back workshops / day and time (Weekly workshop series also available)

At the end of these workshops, all students will know a full dance choreography for a specific West African rhythm which can be performed in front of an audience, if required. Students will be familiar with the relationship “music / dance” from West Africa.

West African history through traditional musical instruments presentations:

Presentations will be customized to your needs, and can include:

- A projected presentation about the multiple instruments and their composition, manufacturing process, pictures, sound files, origins, history. (A sample of some of the instruments will also be brought to the school for students to try and a basic demonstration will be done on some of them)
- A projected presentation about the Guinean percussion orchestra. (Some students will be taken from the audience to briefly demonstrate a basic Guinean orchestra - Target audience: music students)
- Interactive live percussion story telling presentation (Smaller groups recommended –Target audience: Kindergarten).

Drumming performances:

We have Authentic West African percussion performance in full traditional outfits, including some audience participation in the form of a dance workshops. (A typical performance is 40 minutes long).

- These events are organized by Alpha, who has successfully worked with many schools in Ontario since 2003.
- Alpha passed a course jointly proposed by the Ontario Arts council and York university:
(Artistic education certificate - Artist working in the Ontarian schools)
- We were added to the TDSB official “External presenter’s list” (A.S.P.I.R.E)
- Our Members passed 1st Aid course
- We have passed a Police vulnerable sector screening (VSS), which allows us to work in all the schools in Ontario.
- Language: Alpha and most of his artists are fluent in both English and French

***You are just one step away from an event that will change your students forever!
If you have an interest for one of these amazing educational activities, request a quotation using our
online inquiry form below (English and French version available):***

http://www.alpharhythmroots.com/Drummingbooking.html#anchor_145
http://www.alpharhythmroots.com/Drummingbooking-FRA.html#anchor_145

For further information about Alpha’s activities, and to read our Bio and customer testimonials, please follow this link:
(English and French version available):

<http://www.alpharhythmroots.com/AboutUs.html>
<http://www.alpharhythmroots.com/AboutUs-fra.html>
(Workshops and performance videos included)



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